

Sabbath Day or First day of Week

The idea proclaimed by some today that we are to still remember the sabbath day and keep it holy, is something that we should give careful consideration to as we should with any Biblical question. We need to realize that God's word is divine and is that which we will be judged by at the judgement and so should consider very carefully.

II Timothy 2:15; Study to show thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

Paul told Timothy to study the word. We need to realize that Timothy had been a servant of God for quite some time and had travelled and been with the Apostle Paul in much of his endeavors in preaching the Gospel. We find that Timothy was with and assisted the Apostle Paul as he addressed the Churches in Thessalonica (I Thess. 3:1-3;), Corinth (I Cor 4:17), Phillipi (Phil. 1:1-2), Colossee (Col. 1:1-2). Not only was Timothy present with the Apostle Paul at these places he was with him at Berea (Acts 17:13-14), Macedonia (Acts 18:5), and Troas (Acts 20:4-7) Not only was Timothy a laborer with Paul his mother and grandmother were faithful christians (II Tim 1:5) so he had known the scriptures from a child (II Tim 3:15). Paul referred to Timothy as his son in the Faith (I Tim 1:1-2) and his fellowlaborer (Rom 16:21) and a messenger for Paul (Phil 2:19).

So when Paul instructed this man to study the word rightly dividing the truth, we then have a better understanding of why we need to be a student of the bible and must exercise proper dividing of the scriptures. No doubt Timothy had been well read in the Old Testament and was instructed to study well those things which were being written of the Apostles and Servants of God through inspiration of God. To divide the truth tells me that we must consider what is being taught, to whom it was taught and under what dispensation of time it applies. The Old testament Scriptures were given for our admonition and learning, being a schoolmaster for us.

Romans 15:4; For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope.

Galatians 3:24-25; Wherefore the law was our schoolmaster to bring us unto Christ, that we might be justified by faith.

Ga:3:25: But after that faith is come, we are no longer under a schoolmaster.

Ge:2:1: Thus the heavens and the earth were finished, and all the host of them.

Ge:2:2: And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made.

Ge:2:3: And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made

We find that the Lord made the world in six days and rested on the seventh and sanctified it. We need to understand that God has dealt with people on the earth through three dispensations. He first dealt with the heads of the households and is called the Patriarchs. Both David and Abraham are referred to as patriarchs. (Acts 2:29; Hebrews 7:4;) and the twelve sons of Jacob (Children of Israel) are referred to as Patriarchs (Acts 7:8-9;).

Next we see the dispensation of God in dealing with men when he gave his commandments to mankind through Moses which is referred to as the Mosaic dispensation. God dealt with man through Moses and later through Joshua after Moses death who led the people into the promised land. There were many commandments regarding the Levitical priesthood which were descendants of Aaron. Moses was told to number the people in Numbers and that the children of Levi would be his for those whom the death angel passed over when Egypt was plagued with the death of the first born of every household.

After Moses and the children of Israel were delivered from Egyptian bondage, passing through the Red Sea, Moses went on Mt. Sinai and received the tables of stone from the Lord God. As the Children of Israel was in the wilderness God fed them with manna and quail and they were told when they went out each day to just gather enough manna for that day but on the day before the sabbath (Fridays) they were to gather two measures, one being for the sabbath for they were not to do any work on the sabbath. When they did as God commanded them the manna kept through the sabbath but when they tried to gather more on other days it would spoil. They that went out on the sabbath did not find any manna or quail.

The first mention of the sabbath by name is in Exodus 16:23. Now when Moses went on Mt. Sinai, God gave him what man refers to as the "Ten Commandments". Notice in the Bible, nowhere are they referred to as the ten commandments but rather the commandments which God gave Moses on the mount. The Bible does not number them as man does and God gave Moses many commandments at this time not just ten. However every commandment that we consider as the ten commandments are also commanded of us in the Christian dispensation.

Ex:31:18: And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, written with the finger of God.

Then Christ came into the world, lived a perfect life, was the perfect sacrifice, replacing the blood of bulls and of goats, and through his death, burial, and resurrection we have hope of life everlasting, of which was not promised to those of the other dispensations by their law. (I Corinthians chapter 15)

Under the commandments in the Old Testament for those of the Mosaic dispensation we find many laws governing the sabbath day.

1. Every Sabbath they were to offer sacrifices

Nu:28:9: And on the sabbath day two lambs of the first year without spot, and two tenth deals of flour

for a meat offering, mingled with oil, and the drink offering thereof:

Nu:28:10: This is the burnt offering of every sabbath, beside the continual burnt offering, and his drink offering.

2. Any who worked on the sabbath was to be stoned.

Nu:15:32: And while the children of Israel were in the wilderness, they found a man that gathered sticks upon the sabbath day.

Nu:15:33: And they that found him gathering sticks brought him unto Moses and Aaron, and unto all the congregation.

Nu:15:34: And they put him in ward, because it was not declared what should be done to him.

Nu:15:35: And the LORD said unto Moses, The man shall be surely put to death: all the congregation shall stone him with stones without the camp.

Nu:15:36: And all the congregation brought him without the camp, and stoned him with stones, and he died; as the LORD commanded Moses.

3. They were to kindle no fire on the sabbath

Ex:35:2: Six days shall work be done, but on the seventh day there shall be to you an holy day, a sabbath of rest to the LORD: whosoever doeth work therein shall be put to death.

Ex:35:3: Ye shall kindle no fire throughout your habitations upon the sabbath day.

4. Those who dishonored the sabbath were put to death

Ex:31:14: Ye shall keep the sabbath therefore; for it is holy unto you: every one that defileth it shall surely be put to death: for whosoever doeth any work therein, that soul shall be cut off from among his people.

Ex:31:15: Six days may work be done; but in the seventh is the sabbath of rest, holy to the LORD: whosoever doeth any work in the sabbath day, he shall surely be put to death.

Ex:31:16: Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, for a perpetual covenant.

Ex:31:17: It is a sign between me and the children of Israel for ever: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.

Ex:31:18: And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, written with the finger of God.

5. They couldn't gather manna on the sabbath

Ex:16:11: And the LORD spake unto Moses, saying,

Ex:16:12: I have heard the murmurings of the children of Israel: speak unto them, saying, At even ye shall eat flesh, and in the morning ye shall be filled with bread; and ye shall know that I am the LORD your God.

Ex:16:13: And it came to pass, that at even the quails came up, and covered the camp: and in the morning the dew lay round about the host.

Ex:16:14: And when the dew that lay was gone up, behold, upon the face of the wilderness there lay a small round thing, as small as the hoar frost on the ground.

Ex:16:15: And when the children of Israel saw it, they said one to another, It is manna: for they wist not what it was. And Moses said unto them, This is the bread which the LORD hath given you to eat.

Ex:16:16: This is the thing which the LORD hath commanded, Gather of it every man according to his eating, an omer for every man, according to the number of your persons; take ye every man for them which are in his tents.

Ex:16:17: And the children of Israel did so, and gathered, some more, some less.

Ex:16:18: And when they did mete it with an omer, he that gathered much had nothing over, and he that gathered little had no lack; they gathered every man according to his eating.

Ex:16:19: And Moses said, Let no man leave of it till the morning.

Ex:16:20: Notwithstanding they hearkened not unto Moses; but some of them left of it until the morning, and it bred worms, and stank: and Moses was wroth with them.

Ex:16:21: And they gathered it every morning, every man according to his eating: and when the sun waxed hot, it melted.

Ex:16:22: And it came to pass, that on the sixth day they gathered twice as much bread, two omers for one man: and all the rulers of the congregation came and told Moses.

Ex:16:23: And he said unto them, This is that which the LORD hath said, To morrow is the rest of the holy sabbath unto the LORD: bake that which ye will bake to day, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning.

Ex:16:24: And they laid it up till the morning, as Moses bade: and it did not stink, neither was there any worm therein.

Ex:16:25: And Moses said, Eat that to day; for to day is a sabbath unto the LORD: to day ye shall not find it in the field.

Ex:16:26: Six days ye shall gather it; but on the seventh day, which is the sabbath, in it there shall be none.

Ex:16:27: And it came to pass, that there went out some of the people on the seventh day for to gather, and they found none.

Ex:16:28: And the LORD said unto Moses, How long refuse ye to keep my commandments and my laws?

6. They couldn't even gather sticks on the sabbath

Nu:15:32: And while the children of Israel were in the wilderness, they found a man that gathered sticks upon the sabbath day.

Nu:15:33: And they that found him gathering sticks brought him unto Moses and Aaron, and unto all the congregation.

Nu:15:34: And they put him in ward, because it was not declared what should be done to him.

Nu:15:35: And the LORD said unto Moses, The man shall be surely put to death: all the congregation shall stone him with stones without the camp.

Nu:15:36: And all the congregation brought him without the camp, and stoned him with stones, and he died; as the LORD commanded Moses.

The commandments were very strict concerning the sabbath and the above are just a partial list as they were allowed only to go a sabbath days journey (Acts 1:12;) on the sabbath as well. When we look at those who claim that today we are to observe the sabbath they do not follow what was required of God's people on the sabbath. They do not offer sacrifices on the sabbath, they do not stone those who pick up sticks on the sabbath, etc.

Some other Old Testament verses relative to the sabbath are:

Ex:34:21: Six days thou shalt work, but on the seventh day thou shalt rest: in earing time and in harvest thou shalt rest.

Ex:34:22: And thou shalt observe the feast of weeks, of the firstfruits of wheat harvest, and the feast of ingathering at the year's end.

Ex:35:2: Six days shall work be done, but on the seventh day there shall be to you an holy day, a sabbath of rest to the LORD: whosoever doeth work therein shall be put to death.

Ex:35:3: Ye shall kindle no fire throughout your habitations upon the sabbath day.

Ne:10:31: And if the people of the land bring ware or any victuals on the sabbath day to sell, that we would not buy it of them on the sabbath, or on the holy day: and that we would leave the seventh year, and the exaction of every debt.

Ex:31:14: Ye shall keep the sabbath therefore; for it is holy unto you: every one that defileth it shall surely be put to death: for whosoever doeth any work therein, that soul shall be cut off from among his people.

Ex:31:15: Six days may work be done; but in the seventh is the sabbath of rest, holy to the LORD: whosoever doeth any work in the sabbath day, he shall surely be put to death.

Ex:31:16: Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, for a perpetual covenant.

Ex:31:17: It is a sign between me and the children of Israel for ever: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.

Nu:15:32: And while the children of Israel were in the wilderness, they found a man that gathered sticks upon the sabbath day.

Nu:15:33: And they that found him gathering sticks brought him unto Moses and Aaron, and unto all the congregation.

Nu:15:34: And they put him in ward, because it was not declared what should be done to him.

Nu:15:35: And the LORD said unto Moses, The man shall be surely put to death: all the congregation shall stone him with stones without the camp.

Nu:15:36: And all the congregation brought him without the camp, and stoned him with stones, and he died; as the LORD commanded Moses

Ne:13:15: In those days saw I in Judah some treading wine presses on the sabbath, and bringing in sheaves, and lading asses; as also wine, grapes, and figs, and all manner of burdens, which they brought into Jerusalem on the sabbath day: and I testified against them in the day wherein they sold victuals.

Jesus taught that the sabbath was made for man and not the other way around.

M'r:2:24: And the Pharisees said unto him, Behold, why do they on the sabbath day that which is not lawful?

M'r:2:25: And he said unto them, Have ye never read what David did, when he had need, and was an hungred, he, and they that were with him?

M'r:2:26: How he went into the house of God in the days of Abiathar the high priest, and did eat the shewbread, which is not lawful to eat but for the priests, and gave also to them which were with him?

M'r:2:27: And he said unto them, The sabbath was made for man, and not man for the sabbath:

M'r:2:28: Therefore the Son of man is Lord also of the sabbath.

Some things Jesus & his disciples did on the Sabbath that would have been condemned under the law of the Sabbath are shown in the following scriptures.

Lu:13:10: And he was teaching in one of the synagogues on the sabbath.

Lu:13:11: And, behold, there was a woman which had a spirit of infirmity eighteen years, and was bowed together, and could in no wise lift up herself.

Lu:13:12: And when Jesus saw her, he called her to him, and said unto her, Woman, thou art loosed from thine infirmity.

Lu:13:13: And he laid his hands on her: and immediately she was made straight, and glorified God.

Lu:13:14: And the ruler of the synagogue answered with indignation, because that Jesus had healed on the sabbath day, and said unto the people, There are six days in which men ought to work: in them therefore come and be healed, and not on the sabbath day.

Lu:13:15: The Lord then answered him, and said, Thou hypocrite, doth not each one of you on the sabbath loose his ox or his ass from the stall, and lead him away to watering?

Lu:13:16: And ought not this woman, being a daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day?

Lu:13:17: And when he had said these things, all his adversaries were ashamed: and all the people rejoiced for all the glorious things that were done by him.

While Jesus disciples rested on the sabbath, we can also see by the teachings of Jesus that the sabbath was for a specific time and Jesus was quick to show that he is Lord even of the sabbath. We also later will see where Jesus took away the old law nailing it to the cross, thereby fulfilling the old law and the prophets and ushering in the last dispensation, The Law Of Christ.

Lu:23:52: This man went unto Pilate, and begged the body of Jesus.

Lu:23:53: And he took it down, and wrapped it in linen, and laid it in a sepulchre that was hewn in stone, wherein never man before was laid.

Lu:23:54: And that day was the preparation, and the sabbath drew on.

Jesus disciples plucked corn on the sabbath:

M't:12:1: At that time Jesus went on the sabbath day through the corn; and his disciples were an hungred, and began to pluck the ears of corn, and to eat.

M't:12:2: But when the Pharisees saw it, they said unto him, Behold, thy disciples do that which is not

lawful to do upon the sabbath day.

M't:12:3: But he said unto them, Have ye not read what David did, when he was an hungred, and they that were with him;

M't:12:4: How he entered into the house of God, and did eat the shewbread, which was not lawful for him to eat, neither for them which were with him, but only for the priests?

M't:12:5: Or have ye not read in the law, how that on the sabbath days the priests in the temple profane the sabbath, and are blameless?

M't:12:6: But I say unto you, That in this place is one greater than the temple.

M't:12:7: But if ye had known what this meaneth, I will have mercy, and not sacrifice, ye would not have condemned the guiltless.

M't:12:8: For the Son of man is Lord even of the sabbath day.

Jesus healed upon the sabbath:

Lu:6:1: And it came to pass on the second sabbath after the first, that he went through the corn fields; and his disciples plucked the ears of corn, and did eat, rubbing them in their hands.

Lu:6:2: And certain of the Pharisees said unto them, Why do ye that which is not lawful to do on the sabbath days?

Lu:6:3: And Jesus answering them said, Have ye not read so much as this, what David did, when himself was an hungred, and they which were with him;

Lu:6:4: How he went into the house of God, and did take and eat the shewbread, and gave also to them that were with him; which it is not lawful to eat but for the priests alone?

Lu:6:5: And he said unto them, That the Son of man is Lord also of the sabbath.

Lu:6:6: And it came to pass also on another sabbath, that he entered into the synagogue and taught: and there was a man whose right hand was withered.

Lu:6:7: And the scribes and Pharisees watched him, whether he would heal on the sabbath day; that they might find an accusation against him.

Lu:6:8: But he knew their thoughts, and said to the man which had the withered hand, Rise up, and stand forth in the midst. And he arose and stood forth.

Lu:13:10: And he was teaching in one of the synagogues on the sabbath.

Lu:13:11: And, behold, there was a woman which had a spirit of infirmity eighteen years, and was bowed together, and could in no wise lift up herself.

Lu:13:12: And when Jesus saw her, he called her to him, and said unto her, Woman, thou art loosed from thine infirmity.

Lu:13:13: And he laid his hands on her: and immediately she was made straight, and glorified God.

Lu:13:14: And the ruler of the synagogue answered with indignation, because that Jesus had healed on the sabbath day, and said unto the people, There are six days in which men ought to work: in them therefore come and be healed, and not on the sabbath day.

Lu:13:15: The Lord then answered him, and said, Thou hypocrite, doth not each one of you on the sabbath loose his ox or his ass from the stall, and lead him away to watering?

Lu:13:16: And ought not this woman, being a daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day?

Lu:13:17: And when he had said these things, all his adversaries were ashamed: and all the people rejoiced for all the glorious things that were done by him.

As we see that Jesus was resurrected upon the first day of the week. (Sunday) The apostles and the early church begin to assemble on the Lord's day to worship.

Arose from the grave on the first day of the week.

Mark 16:1 And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, had bought sweet spices, that they might come and anoint him.

Mark 16:2 And very early in the morning the first day of the week, they came unto the sepulchre at the rising of the sun.

Mark 16:9 Now when Jesus was risen early the first day of the week, he appeared first to Mary Magdalene, out of whom he had cast seven devils.

Matthew 27:60 And laid it in his own new tomb, which he had hewn out in the rock: and he rolled a great stone to the door of the sepulchre, and departed.

Matthew 27:61 And there was Mary Magdalene, and the other Mary, sitting over against the sepulchre.

Matthew 27:62 Now the next day, that followed the day of the preparation, the chief priests and Pharisees came together unto Pilate,

Matthew 27:63 Saying, Sir, we remember that that deceiver said, while he was yet alive, After three days I will rise again.

M't:28:1: In the end of the sabbath, as it began to dawn toward the first day of the week, came Mary Magdalene and the other Mary to see the sepulchre.

M't:28:2: And, behold, there was a great earthquake: for the angel of the Lord descended from heaven, and came and rolled back the stone from the door, and sat upon it.

M't:28:3: His countenance was like lightning, and his raiment white as snow:

M't:28:4: And for fear of him the keepers did shake, and became as dead men.

M't:28:5: And the angel answered and said unto the women, Fear not ye: for I know that ye seek Jesus, which was crucified.

M't:28:6: He is not here: for he is risen, as he said. Come, see the place where the Lord lay.

M't:28:7: And go quickly, and tell his disciples that he is risen from the dead; and, behold, he goeth before you into Galilee; there shall ye see him: lo, I have told you.

M't:28:8: And they departed quickly from the sepulchre with fear and great joy; and did run to bring his disciples word.

M't:28:9: And as they went to tell his disciples, behold, Jesus met them, saying, All hail. And they came and held him by the feet, and worshipped him.

The early church came together upon the first day of the week to break bread. We must remember that on the night of his betrayal, Jesus had instituted his supper, taking the unleavened bread and the fruit of the vine, blessing each and giving to his disciples. He instructed them to partake of this and that as often as they took of these emblems they would show his death until he comes again.

M't:26:17: Now the first day of the feast of unleavened bread the disciples came to Jesus, saying unto

him, Where wilt thou that we prepare for thee to eat the passover?

M't:26:18: And he said, Go into the city to such a man, and say unto him, The Master saith, My time is at hand; I will keep the passover at thy house with my disciples.

M't:26:19: And the disciples did as Jesus had appointed them; and they made ready the passover.

M't:26:20: Now when the even was come, he sat down with the twelve.

M't:26:21: And as they did eat, he said, Verily I say unto you, that one of you shall betray me.

M't:26:22: And they were exceeding sorrowful, and began every one of them to say unto him, Lord, is it I?

M't:26:23: And he answered and said, He that dippeth his hand with me in the dish, the same shall betray me.

M't:26:24: The Son of man goeth as it is written of him: but woe unto that man by whom the Son of man is betrayed! it had been good for that man if he had not been born.

M't:26:25: Then Judas, which betrayed him, answered and said, Master, is it I? He said unto him, Thou hast said.

M't:26:26: And as they were eating, Jesus took bread, and blessed it, and brake it, and gave it to the disciples, and said, Take, eat; this is my body.

M't:26:27: And he took the cup, and gave thanks, and gave it to them, saying, Drink ye all of it;

M't:26:28: For this is my blood of the new testament, which is shed for many for the remission of sins.

M't:26:29: But I say unto you, I will not drink henceforth of this fruit of the vine, until that day when I drink it new with you in my Father's kingdom.

M'r:14:16: And his disciples went forth, and came into the city, and found as he had said unto them: and they made ready the passover.

M'r:14:17: And in the evening he cometh with the twelve.

M'r:14:18: And as they sat and did eat, Jesus said, Verily I say unto you, One of you which eateth with me shall betray me.

M'r:14:19: And they began to be sorrowful, and to say unto him one by one, Is it I? and another said, Is it I?

M'r:14:20: And he answered and said unto them, It is one of the twelve, that dippeth with me in the dish.

M'r:14:21: The Son of man indeed goeth, as it is written of him: but woe to that man by whom the Son of man is betrayed! good were it for that man if he had never been born.

M'r:14:22: And as they did eat, Jesus took bread, and blessed, and brake it, and gave to them, and said, Take, eat: this is my body.

M'r:14:23: And he took the cup, and when he had given thanks, he gave it to them: and they all drank of it.

M'r:14:24: And he said unto them, This is my blood of the new testament, which is shed for many.

M'r:14:25: Verily I say unto you, I will drink no more of the fruit of the vine, until that day that I drink it new in the kingdom of God.

Lu:22:15: And he said unto them, With desire I have desired to eat this passover with you before I suffer:

Lu:22:16: For I say unto you, I will not any more eat thereof, until it be fulfilled in the kingdom of God.

Lu:22:17: And he took the cup, and gave thanks, and said, Take this, and divide it among yourselves:

Lu:22:18: For I say unto you, I will not drink of the fruit of the vine, until the kingdom of God shall come.

Lu:22:19: And he took bread, and gave thanks, and brake it, and gave unto them, saying, This is my body which is given for you: this do in remembrance of me.

Lu:22:20: Likewise also the cup after supper, saying, This cup is the new testament in my blood, which is shed for you.

Luke 23:52 This man went unto Pilate, and begged the body of Jesus.

Luke 23:53 And he took it down, and wrapped it in linen, and laid it in a sepulchre that was hewn in stone, wherein never man before was laid.

Luke 23:54 And that day was the preparation, and the sabbath drew on.

Luke 23:55 And the women also, which came with him from Galilee, followed after, and beheld the sepulchre, and how his body was laid.

Luke 23:56 And they returned, and prepared spices and ointments; and rested the sabbath day according to the commandment.

Luke 24:1 Now upon the first day of the week, very early in the morning, they came unto the sepulchre, bringing the spices which they had prepared, and certain others with them.

John 19:14 And it was the preparation of the passover, and about the sixth hour: and he saith unto the Jews, Behold your King!

John 19:31 The Jews therefore, because it was the preparation, that the bodies should not remain upon the cross on the sabbath day, (for that sabbath day was an high day,) besought Pilate that their legs might be broken, and that they might be taken away.

John 19:32 Then came the soldiers, and brake the legs of the first, and of the other which was crucified with him.

John 19:33 But when they came to Jesus, and saw that he was dead already, they brake not his legs:

John 19:34 But one of the soldiers with a spear pierced his side, and forthwith came there out blood and water.

John 19:41 Now in the place where he was crucified there was a garden; and in the garden a new sepulchre, wherein was never man yet laid.

John 19:42 There laid they Jesus therefore because of the Jews' preparation day; for the sepulchre was nigh at hand.

John 20:1 The first day of the week cometh Mary Magdalene early, when it was yet dark, unto the sepulchre, and seeth the stone taken away from the sepulchre.

John 20:18 Mary Magdalene came and told the disciples that she had seen the Lord, and that he had spoken these things unto her.

John 20:19 Then the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled for fear of the Jews, came Jesus and stood in the midst, and saith unto them, Peace be unto you

The Church at Corinth gives a very good example of the church coming together to partake of the Lord's supper, in remembrance of him.

1Co:11:23: For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the same night in which he was betrayed took bread:

1Co:11:24: And when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me.

1Co:11:25: After the same manner also he took the cup, when he had supped, saying, This cup is the new testament in my blood: this do ye, as oft as ye drink it, in remembrance of me.

1Co:11:26: For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come.

1Co:11:27: Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord.

1Co:11:28: But let a man examine himself, and so let him eat of that bread, and drink of that cup.

1Co:11:29: For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body.

1Co:11:30: For this cause many are weak and sickly among you, and many sleep.

We find the example of the early church coming together upon the first day of the week for this purpose.

Acts 20:7 And upon the first day of the week, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight.

We then find that they were commanded to give of their means, to lay by in store, to contribute if you will upon the first day of the week. Evidently since this was the day they were to come together to observe the Lord's supper they were then told that at this time they should give as they had prospered to aid those in need.

I Corinthians 16:2 Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come.

We need also to notice that of every commandment that man refers to as the ten commandments, every one was reiterated in the New Testament except the keeping of the sabbath. Why would the Lord forget to mention this item of the ten and give commandments about all the others if it were not that they were not binding for the Christian age as part of the Old Commandments. But these principles are those which the Lord desires that we keep even in the perfect law of liberty.

The Old law was taken away so the new law could be brought in and eternal life be given to mankind. The Old law was imperfect as told us in Hebrews and therefore there was a need for a new and perfect law. The old law was that schoolmaster to bring us to Christ. Remembering that it was ordained before the creation of the world that Jesus must come and suffer, bleed, and die on the cross that we might have life everlasting.

Mark 15:42 And now when the even was come, because it was the preparation, that is, the day before the sabbath,

Mark 15:43 Joseph of Arimathaea, an honourable counsellor, which also waited for the kingdom of God, came, and went in boldly unto Pilate, and craved the body of Jesus.

Acts 10:3 He saw in a vision evidently about the ninth hour of the day an angel of God coming in to him, and saying unto him, Cornelius.

Acts 10:9 On the morrow, as they went on their journey, and drew nigh unto the city, Peter went up upon the housetop to pray about the sixth hour:

Acts 10:17 Now while Peter doubted in himself what this vision which he had seen should mean, behold, the men which were sent from Cornelius had made inquiry for Simon's house, and stood before the gate,

Acts 10:23 Then called he them in, and lodged them. And on the morrow Peter went away with them, and certain brethren from Joppa accompanied him.

Acts 10:24 And the morrow after they entered into Caesarea. And Cornelius waited for them, and had called together his kinsmen and near friends.

Acts 10:30 And Cornelius said, Four days ago I was fasting until this hour; and at the ninth hour I prayed in my house, and, behold, a man stood before me in bright clothing,

Revelation 1:10 I was in the Spirit on the Lord's day, and heard behind me a great voice, as of a trumpet,

There are several indisputable facts in the passages regarding the days of Jesus's crucifixion and his resurrections.

First, that Jesus died and was buried on the day of preparation that is the day before the sabbath. Sabbath as found in Genesis is the seventh day of the week or Saturday as we know it. Therefore Jesus must have been crucified on a Friday.

Second, Jesus arose on the First Day of the week which as we know as Sunday. The scriptures are plain that the sabbath was past that it was early in the morning on the first day of the week that Jesus had arisen.

Third, that the early disciples came together upon the first day of the week, Sunday, to break bread.

Many make light of the fact that Jesus was crucified on Friday and arose on Sunday claiming that this is not three days. As Jonah was three days and three nights in the belly of the whale so was Christ to be three days and three nights in the grave. We must however examine how the Jews considered time and understand that they are speaking as the Jews would keep time. Notice Cornelius said that four days ago he was fasting and saw a vision, however, as we count time this would have been only three days prior. Since the Jews counted any part of a day as a day and a night then Jesus was truly in the grave three days and three nights by their method of counting time. As we would count time he was in the grave approx 1 1/2 days being part of Friday, all of Saturday, and a small part of Sunday. These scriptures fully show that Jesus did fulfill the prophesy of being in the grave for three days. He arose on the Lord's Day (1st day of the week) this being the day the early disciples came together to

remember his death and resurrection.

Irregardless of arguments which men might make that Jesus was not crucified on a Friday and that he really arose on a Saturday rather than on the first day of the week, the fact remains that the early disciples being directed by inspired apostles gathered together on the first day of the week.

John 2:19 Jesus answered and said unto them, Destroy this temple, and in three days I will raise it up.
John 2:20 Then said the Jews, Forty and six years was this temple in building, and wilt thou rear it up in three days?

John 2:21 But he spake of the temple of his body.

Matthew 12:39 But he answered and said unto them, An evil and adulterous generation seeketh after a sign; and there shall no sign be given to it, but the sign of the prophet Jonas:

Matthew 12:40 For as Jonas was three days and three nights in the whale's belly; so shall the Son of man be three days and three nights in the heart of the earth.

The old law was taken away and nailed to the cross for it was an imperfect law and did not promise man eternal life. The new law could not come into force while Jesus was alive for a testament is not of force while the testator liveth. So after Jesus death, burial, and resurrection the law of Christ came in its fullness.

Col:2:14: Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;

Heb:8:7: For if that first covenant had been faultless, then should no place have been sought for the second.

Heb:8:8: For finding fault with them, he saith, Behold, the days come, saith the Lord, when I will make a new covenant with the house of Israel and with the house of Judah:

Heb:8:9: Not according to the covenant that I made with their fathers in the day when I took them by the hand to lead them out of the land of Egypt; because they continued not in my covenant, and I regarded them not, saith the Lord.

Heb:8:10: For this is the covenant that I will make with the house of Israel after those days, saith the Lord; I will put my laws into their mind, and write them in their hearts: and I will be to them a God, and they shall be to me a people:

Heb:8:11: And they shall not teach every man his neighbour, and every man his brother, saying, Know the Lord: for all shall know me, from the least to the greatest.

Heb:8:12: For I will be merciful to their unrighteousness, and their sins and their iniquities will I remember no more.

Heb:8:13: In that he saith, A new covenant, he hath made the first old. Now that which decayeth and waxeth old is ready to vanish away.

M't:5:17: Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to

fulfil.

The Ten commandments were listed in two scriptures:

Ex:20:1: And God spake all these words, saying,

Ex:20:2: I am the LORD thy God, which have brought thee out of the land of Egypt, out of the house of bondage.

Ex:20:3: Thou shalt have no other gods before me.

Ex:20:4: Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth:

Ex:20:5: Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

Ex:20:6: And shewing mercy unto thousands of them that love me, and keep my commandments.

Ex:20:7: Thou shalt not take the name of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh his name in vain.

Ex:20:8: Remember the sabbath day, to keep it holy.

Ex:20:9: Six days shalt thou labour, and do all thy work:

Ex:20:10: But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

Ex:20:11: For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

Ex:20:12: Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.

Ex:20:13: Thou shalt not kill.

Ex:20:14: Thou shalt not commit adultery.

Ex:20:15: Thou shalt not steal.

Ex:20:16: Thou shalt not bear false witness against thy neighbour.

Ex:20:17: Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.

De:5:6: I am the LORD thy God, which brought thee out of the land of Egypt, from the house of bondage.

De:5:7: Thou shalt have none other gods before me.

De:5:8: Thou shalt not make thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the waters beneath the earth:

De:5:9: Thou shalt not bow down thyself unto them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me,

De:5:10: And shewing mercy unto thousands of them that love me and keep my commandments.

De:5:11: Thou shalt not take the name of the LORD thy God in vain: for the LORD will not hold him guiltless that taketh his name in vain.

De:5:12: Keep the sabbath day to sanctify it, as the LORD thy God hath commanded thee.

De:5:13: Six days thou shalt labour, and do all thy work:

De:5:14: But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work,

thou, nor thy son, nor thy daughter, nor thy manservant, nor thy maidservant, nor thine ox, nor thine ass, nor any of thy cattle, nor thy stranger that is within thy gates; that thy manservant and thy maidservant may rest as well as thou.

De:5:15: And remember that thou wast a servant in the land of Egypt, and that the LORD thy God brought thee out thence through a mighty hand and by a stretched out arm: therefore the LORD thy God commanded thee to keep the sabbath day.

De:5:16: Honour thy father and thy mother, as the LORD thy God hath commanded thee; that thy days may be prolonged, and that it may go well with thee, in the land which the LORD thy God giveth thee.

De:5:17: Thou shalt not kill.

De:5:18: Neither shalt thou commit adultery.

De:5:19: Neither shalt thou steal.

De:5:20: Neither shalt thou bear false witness against thy neighbour.

De:5:21: Neither shalt thou desire thy neighbour's wife, neither shalt thou covet thy neighbour's house, his field, or his manservant, or his maidservant, his ox, or his ass, or any thing that is thy neighbour's.

De:5:22: These words the LORD spake unto all your assembly in the mount out of the midst of the fire, of the cloud, and of the thick darkness, with a great voice: and he added no more. And he wrote them in two tables of stone, and delivered them unto me.

The ten commandments are:

1. Thou shalt have no other gods
2. Thou shalt not make any graven image
3. Thou shalt not take the name of the Lord thy God in vain
4. Remember the Sabbath day to keep it holy
5. Honour thy father & mother
6. Thou shalt not kill
7. Thou shalt not commit adultery
8. Thou shalt not steal
9. Thou shalt not bear false witness
10. Thou shalt not covet.

We can look at all these commandments and find them also taught in the new Testament with the exception of Remembering the Sabbath day. However, under the law of Christ the commandments are actually more stringent than under the old law. When Jesus taught against killing he went further and said we were not to be even angry without a cause.

M't:5:21: Ye have heard that it was said by them of old time, Thou shalt not kill; and whosoever shall kill shall be in danger of the judgment:

M't:5:22: But I say unto you, That whosoever is angry with his brother without a cause shall be in danger of the judgment: and whosoever shall say to his brother, Raca, shall be in danger of the council: but whosoever shall say, Thou fool, shall be in danger of hell fire.

Jesus also taught that to look on a woman to lust after her caused you to be guilty of committing adultery with her in your heart without actually having any relations with her. We see then that the law of Christ is more comprehensive than the old law.

M't:5:27: Ye have heard that it was said by them of old time, Thou shalt not commit adultery:
M't:5:28: But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

The death of the testator is necessary before the testament becomes of force.

Heb:9:13: For if the blood of bulls and of goats, and the ashes of an heifer sprinkling the unclean, sanctifieth to the purifying of the flesh:

Heb:9:14: How much more shall the blood of Christ, who through the eternal Spirit offered himself without spot to God, purge your conscience from dead works to serve the living God?

Heb:9:15: And for this cause he is the mediator of the new testament, that by means of death, for the redemption of the transgressions that were under the first testament, they which are called might receive the promise of eternal inheritance.

Heb:9:16: For where a testament is, there must also of necessity be the death of the testator.

Heb:9:17: For a testament is of force after men are dead: otherwise it is of no strength at all while the testator liveth.

Col:2:16: Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days:

The day of worship under the dispensation of Christ is the Lord's day, the first day of the week, the day that the Lord arose from the grave, the day the early church came together to break bread (lord's supper), the day that Paul Preached unto them and continued his speech until midnight, the day the early church was instructed to give of their means. We know that the Lord did not just forget to mention the Sabbath in his teachings of the new testament for we find that the word gives us all things that pertain to life and godliness. For one to proclaim that we today are to remember the Sabbath day and keep it holy then they need to show where Jesus, or his disciples taught us to do so, or show us where the disciples observed the Sabbath as the day of worship to prove their point. However, when we can show that we are to remember the Lord's day and find where the early church came together on that day and it was that day that they worshipped with Paul preaching to them on one occasion then we must realize that this is now the day of worship.

Also if someone maintains that we are to keep the Sabbath day today then they should keep it as it was commanded to be kept. This would require them to offer sacrifice on Saturdays, to not do any work, to stone any who did so. We also can see by the scriptures herein given that the Sabbath was a covenant between God and the children of Israel. This was the physical law that God required of Moses and the people under that dispensation.

This study is respectively submitted as a starting place to learn more about God's plan for man today. Much light can be shed on the parallels and symbolisms of the Old law and the Law of Christ by a thorough study of the book of Hebrews. The law is but a shadow of the law of Christ. We need to remember also that it was foreordained of God that Christ must come into the world, suffer, bleed, and die for the sins of the world before the foundation of the world.

1Pe:1:18: Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers;

1Pe:1:19: But with the precious blood of Christ, as of a lamb without blemish and without spot:

1Pe:1:20: Who verily was foreordained before the foundation of the world, but was manifest in these last times for you,

1Pe:1:21: Who by him do believe in God, that raised him up from the dead, and gave him glory; that your faith and hope might be in God.

1Pe:1:22: Seeing ye have purified your souls in obeying the truth through the Spirit unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently:

1Pe:1:23: Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever.

Heb:10:1: For the law having a shadow of good things to come, and not the very image of the things, can never with those sacrifices which they offered year by year continually make the comers thereunto perfect.